

Course Information

Semester & Year: Spring 2023

Course ID & Section #: PSYCH 11 - E4857

Instructor's name: Julia Kandus

Day/Time of required meetings: Tuesdays & Thursdays 11:40AM-1:05PM

Location: Humanities Building, Room HU207 – Eureka Main Campus

Number of exams: 3

Course units: 3

Instructor Contact Information

Instructor: Julia Kandus, M.A.

Personal Pronouns: She/her/hers

Email*: Julia-Kandus@redwoods.edu - Canvas inbox work also

Office Hours & Location: By appointment – Email me or chat after class to schedule

*I usually respond to email messages within 2 school days. I check my email on a daily basis, but sometimes the volume of messages I receive may result in a delayed reply to your message. Please have patience; I will return your message as soon as I am able. If you don't receive a response within two school days, send a reply to the email. If it is urgent, write "URGENT:" before the subject of the email. Be sure to include your name, class, and section number in all emails. Additionally, you must contact me using your Cal Poly Humboldt email address or the Canvas inbox. Thanks for your understanding!

Catalog Description

A course in the scientific study of human development across the lifespan. The content takes an integrative approach that includes the biological foundations and major theories: psychodynamic, behavioral, social cognitive, contextual (e.g., sociocultural), and cognitive. Topics include prenatal, infant, child, adolescent, and adult development.

Course Student Learning Outcomes

1. Analyze how biological, psychological, and social processes affect human development.
2. Demonstrate knowledge and understanding representing appropriate breadth and depth in selected content areas of prenatal, infant, child, adolescent, and adult development.
3. Analyze and/or apply developmental research in writing.
4. Identify and describe classic and contemporary theories and research in lifespan psychology.
5. Identify and describe the techniques and methods used by developmental psychologists to study human development.
6. Identify possible causes or sources of developmental change and reasons for disturbances in the developmental process.

Course Format

This class is being taught in a face-to-face format but you will use Canvas to explore resources, download and access course materials (i.e., PowerPoint slides), take online quizzes, and submit assignments electronically. You should be visiting Canvas several times a week and receiving announcements. You can download the Canvas app for convenience. Please upload a photo of yourself! For technical questions, contact the [CR Technical Support](#) at it@redwoods.edu or by calling 707-476-4160.

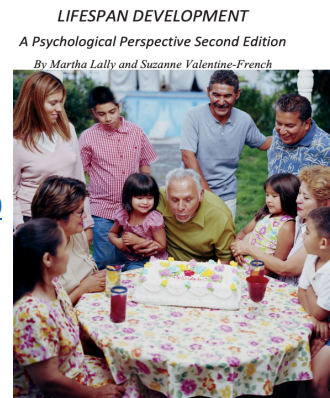
Please note that the course format is subject to change according to university guidelines as conditions around the COVID-19 pandemic change. Due to the higher risk in the classroom setting, face coverings are highly recommended for classrooms/labs. If you are sick, DO NOT come to class! Contact Professor Kandus so we can keep you caught up from home while you recover. Please refrain from eating while in class. If you need to eat, sneeze, blow your nose, etc, please step outside. During the semester you can check this website (<https://www.redwoods.edu/Covid-19>) for information regarding the needs and requirements of the campus as it relates to the pandemic. **Please do not come to class if you are experiencing any symptoms.**

Required Textbook and Materials

- **Textbook:**

- *Lifespan Development: A Psychological Perspective (2nd Edition)* by Martha Lally and Suzanne Valentine-French.

This is an Open Education Resources (OER) textbook meaning it is **free**. You can download a .pdf of this textbook in Canvas under "Course Materials" in Modules, or at this link: <https://open.umn.edu/opentextbooks/textbooks/540>



- **Required readings:**

- Provided in Canvas under respective unit pages in Modules. Recommended readings are also provided, but are optional.

- **Other Materials:**

- Three (3) Scantrons SC882-E and a #2 pencil

- **Access to Canvas and Internet:**

- Computers are available to use in the library while it is open, or you can borrow a library to use at home. Check out this website for more information: https://redwoods.libguides.com/about-the-library/laptop_loans

Evaluation & Grading Policy

<u>Assignments</u>	<u>Points</u>	<u>Approx. %</u>
Exams	150 points total	27% of grade
Exam 1	50 points	

Exam 2	50 points	
Final Exam	50 points	
Reading Quizzes	100 points total	18% of grade
Group Presentation	125 points total	23% of grade
Presentation	100 points	
Peer Evaluations	25 points	
Paper	100 points total	18% of grade
Attendance & Participation	75 points total	14% of grade
Total Points	550 points possible	100% total

A- to A = 90%-100% of possible points

C- to C+ = 70%-79% of possible points

B- to B+ = 80%-89% of possible points

D to D+ = 60%-69% of possible points

F = <60% of possible points

Final Course Grade: The percentage in your Canvas grade book at the end of the semester is the grade you earned in this course. The corresponding letter grade will be documented on your transcript. Be sure to put time and effort into this course to attempt to earn the grade you desire. Professor Kandus simply inputs the grade you earned in this course.

Explanation of Course Components

Exams

There are 3 exams scheduled throughout the semester, 2 midterm exams and a final. Each exam is worth 50 points each. They cover the material from that section; the final is not cumulative. Dates and topics are shown on the Course Calendar at the top of Modules in our Canvas course.

Exams will be taken in class, and must be taken on the days they are scheduled. If you cannot take the exam that day for an unavoidable reason (illness, injury, emergency, etc), contact me as soon as possible so we can make alternative arrangements. **Missed exams cannot be made up**, unless we've made alternative arrangements. The final exam cannot be taken at a later date if missed, as the semester is over at that time.

Scores will be posted to Canvas as soon as they are evaluated.

DO NOT CHEAT! You can study together, but you must take the exam on your own and do not share answers. Cheating will result in a score of zero for all people involved.

Accommodations for Students via DSPS:

If you have documentation from DSPS that shows you need testing extensions or other accommodations, please let Professor Kandus know **during the first week of class** so we can better support you in accessing those accommodations.

Reading Quizzes

You will complete 10 Reading Quizzes for select chapters of the textbook and Required Readings. They are worth 10 points each, totaling 100 points of your overall grade. The Reading Quizzes can be found in the “Quizzes” tab in Canvas, and the chapters covered on each quiz are listed on the Course Calendar at the top of Modules. Quizzes open at the start of each week (Mondays at 12am) and are due by the end of that week (Sundays at 11:59pm). You have two 20-minute attempts per quiz. You cannot pause the quiz, so be sure to start it when you are able to complete it in one sitting. Your highest score will be kept.

As mentioned, you get two attempts per quiz. I suggest that you read the chapter and take your first attempt, then re-read the portions of the chapter that you need to review before taking your second attempt. You will be able to see which questions you missed, but you will need to figure out the correct answers to help you review.

Late quizzes are not accepted.

Group Presentation

You will be working in groups of 2 or 3 to present on a topic related to developmental psychology. Around the middle of the semester you will form groups, then Professor Kandus will present you with a list of topics to choose from, and you will solidify your presentation date. You will then work with your group members throughout the rest of the semester to create and practice your presentation. All group members must be present on the presentation date to earn points on this assignment. If you must miss that day for an unavoidable reason such as an illness, injury, or emergency, contact Professor Kandus as soon as possible. A group contribution form will be completed at the end of the semester to assess the distribution of work and effort from each group member; lack of contribution to your group will result in a reduction of points from this assignment.

It is important to come to class to support your classmates while they give their presentations. Feedback from your peers can be incredibly beneficial as well. After you observe your classmates’ presentations you will complete a Peer Evaluation Form for each presentation. You must be present during the presentations in order to earn points for this portion of the assignment.

The Group Presentation must be given during your assigned class period, and the Peer Evaluations must be completed and submitted during the presentation days, so the components of the Group Presentation are not accepted late. If you are not present on the day your group is presenting, you will not earn the points for the Group Presentation.

Components and Points for Group Presentation:

- Group Presentation = 125 points total
 - Presentation = 100 points
 - Group Presentation = 95 points
 - Group Contribution Form = 5 points
 - Peer Evaluations = 25 points

Paper

You will complete one 10-page paper, as required by the department. This paper will be due on the last day of instruction. It will utilize APA formatting for the structure and citations. It is broken into three parts:

- Part I: Discuss a developmental psychologist

- Part II: Reflect and apply a developmental concept to your life
- Part III: Summarize and cite an academic article related to developmental psychology

More information and the grading rubric can be found on its assignment page in Canvas, and will be discussed in detail in class.

Attendance & Participation

You can earn a total of 75 points from Attendance & Participation. These activities and discussions are designed to supplement the material you've read, watched, and learned during the semester. You will complete these activities and discussions during class, and the points cannot be made up if you are not present, so attendance is mandatory to earn these points. If you cannot attend class for an unavoidable reason (illness, injury, emergency, etc), contact me as soon as possible so we can make alternative arrangements if possible.

The Welcome Quiz and Movie Review also count as Participation Activities.

Your participation is sincerely welcomed in this class. The guidelines for this are simple. You are welcome to have your own thoughts on any subject we cover, and so are your classmates. Please don't pick on anybody in here. Back up claims with science and empirical evidence if needed. Respect one another and basic human rights. Racism, sexism, or any other discrimination will never be tolerated.

Extra Credit

You can earn up to a 2% bump in total grade, so 11 points max, from extra credit. All extra credit needs to be uploaded to the Extra Credit Assignments page on Canvas by the last day of instruction.

Out-of-Class Activities and Event Write-Ups (~2 points each): Throughout the semester I will announce activities and events that count for extra credit points. Many include online activities and workshops, since most of us are not able to attend public events yet. If you attend one of these, complete a one-page write-up including: a summary of the activity or event, something you learned or a new experience, and relate back to a concept from class. You can receive 2 points per write-up for most events; I will announce if an event is worth more points.

Movie Reviews: There are opportunities to watch movies/documentaries outside of class, then complete a one-page write-up summarizing the movie in your own words, relate back to the course, and discuss what you learned. Each movie review is worth 2 extra credit points.

Other options: There are sometimes other options for extra credit that come up throughout the semester. I will post all extra credit options under the "Extra Credit" section in the "Assignments" tab in Canvas.

Absence Policy

Attendance is important, you will do better if you come to class, so thank you for being here!

Four or more absences throughout the semester may result in a drop from the course. If you are going through an emergency, illness, etc that is interfering with your ability to come to class, reach out to me as soon as possible so I can work with you to figure out the best plan of action for your education.

IF YOU ARE SICK, DO NOT COME TO CLASS! Email Professor Kandus and we will make alternative arrangements that will not penalize your grade or result in a drop from the course.

Important Information

Plagiarism: JUST DON'T DO IT! Plagiarism is presenting someone else's words, ideas, work, concepts, and/or beliefs as your own. Plagiarism is not tolerated in this course or at any college. If you plagiarize, you will receive a 0 on that

assignment. If work is shared or copied from classmates, everyone involved will receive a zero. Read and analyze your sources, think critically, then paraphrase the material using your own words. Emphasis on writing in your own words! And do your own work.

Here are some good paraphrasing tips: <https://awc.ashford.edu/cd-guidelines-for-paraphrasing.html>

Cell Phones and Headphones: Use of cellular phones and headphones are never allowed during our class meetings. If you use your cell phone and/or headphones during class you may be asked to leave.

Recording and photos: Please do not record or take photos during class. If you have an accommodation from SDRC that allows you to record lectures, talk with Professor Kandus during the first week about those accommodations.

Inclusivity Policy: In this class people of all ethnicities, genders and gender identities, religions, ages, sexual orientations, disabilities, socioeconomic backgrounds, and nationalities are encouraged to share their rich array of perspectives and experiences. If you feel isolated from our classroom community in any way or if you have a specific need, please speak with me as soon as possible so we can work together to help you become an active and engaged member of our class and community.

Use Appropriate Email Etiquette: When emailing, be polite! Use complete sentences, and address emails to professors and staff members using appropriate language. Remember to include your name and contact information, course information, and which section you are in if there is more than one section of the course being taught that semester. Use your school email account or the Canvas Inbox; do not email professors using your personal email.

Classmates as a Resource: Classmates are among your best learning resources. Help each other, challenge each other, and have fun learning with each other! You will have plenty of opportunities to interact with your classmates. Get each other's contact information and build a learning network for yourself. But remember to complete your work on our own.

Accessibility

College of the Redwoods is committed to making reasonable accommodations for qualified students with disabilities. If you have a disability or believe you might benefit from disability-related services and accommodations, please contact your instructor or [Disability Services and Programs for Students](#) (DSPS). Students may make requests for alternative media by contacting DSPS based on their campus location:

- Eureka: 707-476-4280, student services building, 1st floor
- Del Norte: 707-465-2324, main building near library
- Klamath-Trinity: 530-625-4821 Ext 103

If you are taking online classes DSPS will email approved accommodations for distance education classes to your instructor. In the case of face-to-face instruction, please present your written accommodation request to your instructor at least one week before the needed accommodation so that necessary arrangements can be made. Last minute arrangements or post-test adjustments usually cannot be accommodated.

Student Support

Good information and clear communication about your needs will help you be successful. Please let your instructor know about any specific challenges or technology limitations that might affect your participation in class. College of the Redwoods wants every student to be successful.

Admissions deadlines & enrollment policies

Spring 2023 Dates

- Classes begin: 01/14/23
- Martin Luther King's Birthday (all campuses closed): 01/16/23
- Last day to add a class: 01/20/23
- Last day to drop without a W and receive a refund: 01/27/23

- Census date: 01/30/23 or 20% into class duration
- Last day to petition to file P/NP option: 02/10/23
- Lincoln’s Birthday (all campuses closed): 02/17/23
- President’s Day (all campuses closed): 02/20/23
- Last day to petition to graduate or apply for certificate: 03/02/23
- Spring Break (no classes): 03/13/23 – 03/18/23
- Last day for student-initiated W (no refund): 03/31/23
- Last day for faculty-initiated W (no refund): 03/31/23
- Final examinations: 05/06/23 – 05/12/23
- Commencement: 05/15/23
- Semester ends: 05/12/23
- Grades available for transcript release: approximately 05/26/23

Academic dishonesty

In the academic community, the high value placed on truth implies a corresponding intolerance of scholastic dishonesty. In cases involving academic dishonesty, determination of the grade and of the student’s status in the course is left primarily to the discretion of the faculty member. In such cases, where the instructor determines that a student has demonstrated academic dishonesty, the student may receive a failing grade for the assignment and/or exam and may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct ([AP 5500](#)) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the [College Catalog](#) and on the [College of the Redwoods website](#).

Disruptive behavior

Student behavior or speech that disrupts the instructional setting will not be tolerated. Disruptive conduct may include, but is not limited to: unwarranted interruptions; failure to adhere to instructor’s directions; vulgar or obscene language; slurs or other forms of intimidation; and physically or verbally abusive behavior. In such cases where the instructor determines that a student has disrupted the educational process, a disruptive student may be temporarily removed from class. In addition, the student may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct ([AP 5500](#)) is available on the College of the Redwoods website. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the [College Catalog](#) and on the [College of the Redwoods website](#).

Inclusive Language in the Classroom

College of the Redwoods aspires to create a learning environment in which all people feel comfortable in contributing their perspectives to classroom discussions. It therefore encourages instructors and students to use language that is inclusive and respectful.

Setting Your Preferred Name in Canvas

Students have the ability to have an alternate first name and pronouns to appear in Canvas. Contact [Admissions & Records](#) to request a change to your preferred first name and pronoun. Your Preferred Name will only be listed in Canvas. This does not change your legal name in our records. See the [Student Information Update form](#).

Canvas Information

Canvas Information

If using Canvas, include navigation instructions, tech support information, what Canvas is used for, and your expectation for how regularly students should check Canvas for your class.

Log into Canvas at [My CR Portal](#)

For help logging in to Canvas, visit [My CR Portal](#).

For help with Canvas once you're logged in, click on the Help icon on the left menu.

For tech help, email its@redwoods.edu or call 707-476-4160

Canvas online orientation workshop: [Canvas Student Orientation Course \(instructure.com\)](#)

Community College Student Health and Wellness

Resources, tools, and trainings regarding health, mental health, wellness, basic needs and more designed for California community college students, faculty and staff are available on the California Community Colleges [Health & Wellness website](#).

[Wellness Central](#) is a free online health and wellness resource that is available 24/7 in your space at your pace.

Students seeking to request a counseling appointment for academic advising or general counseling can email counseling@redwoods.edu.

Emergency procedures / Everbridge

College of the Redwoods has implemented an emergency alert system called Everbridge. In the event of an emergency on campus you will receive an alert through your personal email and/or phones. Registration is not necessary in order to receive emergency alerts. Check to make sure your contact information is up-to-date by logging into WebAdvisor <https://webadvisor.redwoods.edu> and selecting 'Students' then 'Academic Profile' then 'Current Information Update.'

Please contact Public Safety at 707-476-4112 or security@redwoods.edu if you have any questions. For more information see the [Redwoods Public Safety Page](#).

In an emergency that requires an evacuation of the building anywhere in the District:

- Be aware of all marked exits from your area and building
- Once outside, move to the nearest evacuation point outside your building
- Keep streets and walkways clear for emergency vehicles and personnel

Do not leave campus, unless it has been deemed safe by the campus authorities.

Eureka Campus Emergency Procedures

Please review the [campus emergency map](#) for evacuation sites, including the closest site to this classroom (posted by the exit of each room). For more information on Public Safety go to the [CR Police Department-Public Safety](#) It is the responsibility of College of the Redwoods to protect life and property from the effects of emergencies within its own jurisdiction.

In the event of an emergency:

1. Evaluate the impact the emergency has on your activity/operation and take appropriate action.
2. Dial 911, to notify local agency support such as law enforcement or fire services.
3. Notify Public Safety 707-476-4111 and inform them of the situation, with as much relevant information as possible.
4. Public Safety shall relay threat information, warnings, and alerts through the Everbridge emergency alert system, Public address system, and when possible, updates on the college website, to ensure the school community is notified.
5. Follow established procedures for the specific emergency as outlined in the College of the Redwoods Emergency Procedure Booklet, (evacuation to a safe zone, shelter in place, lockdown, assist others if possible, cooperate with First Responders, etc.).
6. If safe to do so, notify key administrators, departments, and personnel.

7. Do not leave campus, unless it is necessary to preserve life and/or has been deemed safe by the person in command.

Student Support Services

The following online resources are available to support your success as a student:

- [CR-Online](#) (Comprehensive information for online students)
- [Library Articles & Databases](#)
- [Canvas help and tutorials](#)
- [Online Student Handbook](#)
- [Online Tutoring Resources](#)

[Counseling](#) offers assistance to students in need of professional counseling services such as crisis counseling.

Learning Resource Center includes the following resources for students

- [Library Services](#) to promote information literacy and provide organized information resources.
- [Multicultural & Diversity Center](#)
- [Academic Support Center](#) – offers tutoring and test proctoring for CR students.
- [Student Tech Help](#) – provides students with assistance around a variety of tech problems.

Special programs are also available for eligible students include

- [Extended Opportunity Programs & Services \(EOPS\)](#) provides services to eligible income disadvantaged students including: textbook award, career academic and personal counseling, school supplies, transportation assistance, tutoring, laptop, calculator and textbook loans, priority registration, graduation cap and gown, workshops, and more!
- The TRiO Student Success Program provides eligible students with a variety of services including trips to 4-year universities, career assessments, and peer mentoring. Students can apply for the program in [Eureka](#) or in [Del Norte](#)
- The [Veteran's Resource Center](#) supports and facilitates academic success for Active Duty Military, Veterans and Dependents attending CR through relational advising, mentorship, transitional assistance, and coordination of military and Veteran-specific resources.
- [CalWORKS](#) – assists student parents with children under the age of 18, who are receiving cash assistance (TANF), to become self-sufficient.
- Klamath-Trinity students can contact the CR KT Office for specific information about student support services at 530-625-4821

****Check the “Course Calendar – CHECK WEEKLY! (subject to change)” page at the top of the Modules tab in Canvas throughout the semester for the updated version of this calendar****

Tentative Course Schedule

PSYCH 11
Spring 2023

Week	Date	Topic	Textbook Readings	Assignments Due
1	Jan 17	UNIT 1: Welcome to Course	Download and bookmark textbook!	<ul style="list-style-type: none"> • Read syllabus and get textbook • Welcome Quiz due 1/22
	Jan 19	UNIT 2: Introduction to Lifespan Development		
2	Jan 24	UNIT 2: Introduction to Developmental Psychologists	Chapter 1	<ul style="list-style-type: none"> • Reading Quiz 1 due 1/29
	Jan 26			
3	Jan 31	UNIT 2: Developmental Theories and Methods	Chapter 1	
	Feb 2			
4	Feb 7	UNIT 3: Genetics and Prenatal Development	Chapter 2	<ul style="list-style-type: none"> • Reading Quiz 2 due 2/12
	Feb 9			
5	Feb 14	In-Class Participation Activity: Movie Review	Chapter 2	<ul style="list-style-type: none"> • Study for Exam 1
	Feb 16	UNIT 4: Birth and the Newborn		
6	Feb 21	UNIT 4: Birth and the Newborn		<ul style="list-style-type: none"> • Exam #1 in class on February 23rd! <ul style="list-style-type: none"> ○ Bring a Scantron 882-E, #2 pencil, & optional handwritten study sheet
	Feb 23	- Exam #1 -		
7	Feb 28	UNIT 5: Infancy and Toddlerhood	Chapter 3	<ul style="list-style-type: none"> • Reading Quiz 3 due 3/5
	March 2			

Week	Date	Topic	Textbook Readings	Assignments Due
8	March 7	UNIT 6: Early Childhood Presentation Preparation: Discuss presentation details/topics	Chapter 4	<ul style="list-style-type: none"> • Reading Quiz 4 due 3/12
	March 9			
9	March 14	- SPRING BREAK -		
	March 16			
10	March 21	UNIT 7: Middle and Late Childhood Presentation Preparation: Choose group, topic, and presentation date	Chapter 5	<ul style="list-style-type: none"> • Reading Quiz 5 due 3/26
	March 23			
11	March 28	- Exam #2 -		<ul style="list-style-type: none"> • Exam #2 in class on March 28th! <ul style="list-style-type: none"> ○ Bring a Scantron 882-E, #2 pencil, & optional handwritten study sheet
	March 30	UNIT 8: Adolescence	Chapter 6	<ul style="list-style-type: none"> • Reading Quiz 6 due 4/2
12	April 4	UNIT 8: Adolescence	Chapter 7	<ul style="list-style-type: none"> • Reading Quiz 7 due 4/9
	April 6	UNIT 9: Emerging Adulthood		
13	April 11	UNIT 9: Young Adulthood	Chapter 8	<ul style="list-style-type: none"> • Reading Quiz 8 due 4/16
	April 13	UNIT 10: Middle Adulthood		
14	April 18	UNIT 10: Middle Adulthood	Chapter 8	
	April 20	UNIT 11: Late Adulthood	Ch. 9	<ul style="list-style-type: none"> • Reading Quiz 9 due 4/23
15	April 25	UNIT 12: Death and Dying Presentations begin	Ch. 10	<ul style="list-style-type: none"> • Reading Quiz 10 due 4/30 • Complete Presentation Peer Evaluations during class and turn in at end of class
	April 27	Presentations		<ul style="list-style-type: none"> • Complete Presentation Peer Evaluations during class and turn in at end of class

Week	Date	Topic	Textbook Readings	Assignments Due
16	May 2	Presentations		<ul style="list-style-type: none"> • Complete Presentation Peer Evaluations during class and turn in at end of class
	May 4	<ul style="list-style-type: none"> • Presentations • Final Course Wrap-Up 		<ul style="list-style-type: none"> • Complete Presentation Peer Evaluations during class and turn in at end of class • Group Project Contribution Sheet due 5/7 • Paper due 5/7 • All extra credit due 5/7
17	Finals Week	Final Exam Tuesday, May 9th 10:45AM – 12:45PM Humanities Building Room 207 Bring Scantron 882-E, #2 pencil, and optional handwritten study sheet		